



Choose a Little, Choose a Lot

GOOD START BUFFET

Oatmeal, cold cereal, yogurt, whole and cut fresh fruit, and milk, with an assortment of breakfast breads and pastries. Includes juice and coffee. 10

ALL AMERICAN BUFFET

The Good Start buffet PLUS eggs and omelets made to order, breakfast potatoes, bacon, sausage, and French toast or pancakes. Includes juice and coffee 14

Energize Your Day

HOT STEEL-CUT OATMEAL

Served with brown sugar, raisins, and walnuts. 5

CEREAL FAVORITES with MILK 3

With Bananas or Fresh Strawberries 4

Omelets

Served with hash browns and toast.

ALL AMERICAN OMELET

Choice of bacon, ham, or sausage with American cheese. 10

CHEESE OMELET

Choice of American, cheddar, or Swiss 8

EGG WHITE, TOMATO, & SPINACH OMELET

Folded with cheddar cheese and oven cured tomatoes. 9

PENNSYLVANIA DUTCH OMELET

Loaded with hash browns, bacon, and cheddar cheese. 10

SOUTHWEST OMELET

Mushrooms, onions, and peppers topped with pepper jack cheese and Pico de Gallo. 9

Egg beaters or egg whites available upon request.

The Side Plate

BACON or SAUSAGE LINKS 4

BERRY & YOGURT PARFAIT 5

BOUNTY OF FRUIT & BERRIE 4

GRILLED HAM STEAK 4

GRITS 2

HASH BROWNS 3

REGULAR, LOW-FAT, or GREEK YOGURT 3

WHEAT, WHITE, or RYE TOAST 3

BAGEL with CREAM CHEESE 3

ENGLISH MUFFIN 3

Fresh Start

FARM FRESH SCRAMBLED EGG AND SAUSAGE BURRITO

Hash brown potatoes and cheddar cheese wrapped in a whole wheat tortilla. Served with guacamole and salsa on the side. 9

ALL AMERICAN BREAKFAST

Two eggs any style with crisp hash browns. Choose bacon, ham, or sausage and toast, bagel, or muffin. 7

Signature Specialties

DOG & PONY SPECIAL

Two eggs any style, bacon or sausage, and two pancakes or French toast. Served with hash browns. 10

EGGS CHESAPEAKE

Two mini crab cakes, poached eggs, hollandaise sauce, and diced tomatoes on a toasted English muffin. Served with hash browns. 12

Early Favorites

COUNTRY BREAKFAST

A flat iron steak grilled to order, with two eggs any style, hash browns, and toast. 14

TRADITIONAL EGGS BENEDICT

Poached eggs, Canadian bacon and hollandaise sauce on a toasted English muffin. Served with hash browns. 10

SAUSAGE GRAVY WITH BISCUITS

Served with hash browns. 8

FRENCH TOAST

Choice of cinnamon-raisin or plain. Served with butter and breakfast syrup. 8

TRADITIONAL WAFFLE

Served with butter and breakfast syrup. 8

TWO BUTTERMILK PANCAKES

Choice of banana, blueberry, chocolate chip, or plain. Served with butter and breakfast syrup. 8

Beverages

ASSORTED JUICES 3

WHOLE, 2%, SKIM or SOY MILK 3

ASSORTED TAZO TEAS 3

REGULAR or DECAFFEINATED STARBUCKS COFFEE 3

CAPPUCCINO or LATTE 6

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.